

Preparing for Your Child's Neuropsychological Evaluation: A Parent Guide & Checklist

Please review this guide carefully and submit or bring the requested materials. Providing these items in advance helps ensure a thorough and accurate evaluation and avoids delays.

Before the Evaluation: Forms and Records

- All assigned parent and teacher (strongly encourage) questionnaires are completed before the testing date. Please send to the teacher as soon as possible. Please also let them know that I will be reach out to them to set up an interview.
- Please complete and upload the attached Release of Information (ROI) forms. These forms allow me to either share or receive information from your child's school.
- Copies are uploaded or submitted for the following records:
 - Previous evaluations, including psychological, educational, speech/language, occupational therapy, physical therapy, behavioral, or other developmental assessments
 - Recent report cards or progress reports
 - Teacher reports and completed teacher questionnaires (strongly preferred when possible)
 - Relevant medical records

Preparing Your Child

Explain the process to your child in a simple, positive, and reassuring way:

- "You'll be doing activities and puzzles to help us understand how you learn."
- Emphasize that there are no right or wrong answers
- Explain that they cannot fail the activities
- Reassure them that they may ask for breaks at any time
- Avoid calling it "testing" if the word causes stress
- Let them know there are no shots or medical procedures
- Answer questions honestly and calmly

The Night Before the Evaluation

- Ensure your child gets a full night of sleep
- Pack a lunch and snacks
- Bring glasses, hearing aids, or comfort items, if applicable
- Have your child take medications as usual unless otherwise discussed

Evaluation Day

- Arrive at: 2699 Stirling Rd, Suite C306C, Fort Lauderdale, FL 33312
- Parent or legal guardian remains on-site for the entire appointment
- Testing day may last into the early or late afternoon
- Short breaks are incorporated throughout the day
- Lunch break occurs around midday
- Testing is paced according to your child's needs
- Testing may be paused or rescheduled if your child becomes fatigued or distressed